

2024-2025 Season



Phone us at:  
905.299.9294

Monday	Tuesday	Wednesday	Thursday	Friday
4-6pm After School Program	4-6pm After School Program	4-6pm After School Program	4-6pm After School Program	4-6pm After School Program
4:15-5pm Rec Jump Rope	4:15-5pm Rec Jazz	4:15-5pm Rec Hip Hop	4:15-5pm Rec Acro	4:15-5:00pm Rec/Pre-Comp Jump Rope
5:00-6:30pm Jr. Competitive Jump Rope	5:00-5:45pm Mini/Jr Rec & Comp Tap	5:00-5:45pm Dance Technique	5:00-6:30pm JR Competitive Jump Rope	5-5:45pm Pre-Comp Jump Rope
5:00-6:30pm Jr. Competitive Jump Rope	5:45-6:30pm Comp Jazz	5:45-6:30pm Comp Hip Hop	5:00-6:30pm JR Competitive Jump Rope	
6:30-8:30pm Sr. Competitive Jump Rope	6:30-7:15pm Comp Acro	6:30-7:30pm Sr. Competitive Acrobatics/Tumbling For Jump Rope	6:30-8:30pm Sr. Competitive Jump Rope Masters Training	
6:30-8:30pm Sr. Competitive Jump Rope	7:15-8:00pm Inter/Sr Comp Tap	7:30-8:30pm Sr. Competitive Jump Rope	6:30-8:30pm Sr. Competitive Jump Rope	
	8-8:30pm Private Lessons			

Competitive Dance
Competitive Jump Rope
Recreational Classes - Non competitive
After School Program 4-6pm Mon-Fri