

2021-2022 Season



Phone us at:
905.299.9294

Monday	Tuesday	Wednesday	Thursday	Friday
4-6pm After School Program	4-6pm After School Program	4-6pm After School Program	4-6pm After School Program	4-6pm After School Program
4:15-5pm Jr/Inter Rec Jump Rope Ages 7+	4:15-5pm Mini ballet/jazz combo	4:15-5pm Mini/Jr Hip Hop	4:15-5pm Mini/Jr Acro	4:15-5pm Beginner Jump Rope Ages 4+
5:15-6:45pm Pre-Competitive Jump Rope	5:15-6pm Dance Technique	5:15-6pm Mini/Jr Hip Hop	5:15-6:45pm JR Competitive Jump Rope	5:15-6pm Jr/Inter Rec Jump Rope Ages 7+
5:15-6:45pm Pre-Competitive Jump Rope	6-6:45pm Comp Mini/Jr Jazz	6-6:45pm Comp Acro	5:15-6:45pm JR Competitive Jump Rope	
6:45-8:30pm Competitive Jump Rope	6:45-7:15pm Jr Tap	6:45-8:30pm Competitive Jump Rope	6:45-8:30pm Competitive Jump Rope	
6:45-8:30pm Competitive Jump Rope	7:15-8:30pm Int/Sr Hip Hop/Tap	6:45-8:30pm Competitive Jump Rope	6:45-8:30pm Competitive Jump Rope	

Competitive Dance
Competitive Jump Rope
Recreational Classes - Non competitive
After School Program 4-6pm Mon-Fri

Dance Age Categories
Mini: Ages 4-6
Junior: Ages 7-9
Intermediate: Ages 10-12
Teen: 13+